SHORT-TERM MISSION TEAM RESOURCE

A Guidebook for Your

Mission Journey



By Jeremy C. Higle

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The Journey Series®

P. O. Box 416

Marietta, OK 73448

1 (800) 635-5346

[order@journeyseries.com](mailto:order@journeyseries.com)

www.journeyseries.com

A Guidebook for Your Mission Journey

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# Introduction

Like all of our “journey” resources, this book was born out of necessity in our local church. I couldn’t find a resource that was simple and practical for the needs of our mission teams. So, I drew on my decades of experience working as a travel guide and leading mission teams to put this simple resource together. The content has been written, used during a trip, and re-revised. It is still a bit rough but I think it will make a good template for team leaders.

The reality is every trip is different in many ways, so I have kept everything short, basic, and malleable to your intended trip. The goals of this mission guidebook are to:

* Help build team unity and direction
* Lay a foundation of biblical missiology
* Practice some of the key missionary skills
* Help leaders with basic organization while on the trip
* Remove some of the chaos and clutter that can get in the way of doing the main thing – sharing **Love** and **Truth**

I suggest you take your team through one lesson each week in the 4 weeks preceding the trip. Each week you can work through the lesson, practice missionary skills, and discuss updates on the trip. Consider forming a special, one-month small group class just for the participants during your regular church meeting times. If you add another small group time on top of the regular church activities, you will find it hard to get everyone together four times. We just made it a short-term class during our regular Sunday School time.

While you are on the trip, use the planning pages in the second part of the book to keep everyone on the same page. Brief and debrief the day’s events every morning and evening. Have someone lead a brief devotion once a day. Finally, remember Jesus said the world would know we are Christians by our love for one another (John 13:35).

Peace and Hope,

Jeremy Higle

# 1: How should I prepare spiritually?

Every short-term missionary must prepare before they go. If you are not living faithfully in your hometown, then you will struggle to live faithfully on the mission trip. You don’t have to be perfect, but you need to be heading in the right direction. Let’s make a spiritual fitness plan built around the four disciplines for spiritual growth.

Discipline 1: Prayer

What are some of the things God wants you to pray for each day? (Make a prayer list in the front of your Bible.)

|  |
| --- |
| James 1:5 - |
|  |
| Romans 10:1 - |
|  |
| James 5:16 – |
|  |

Paul’s Missionary Prayer

Paul prayed specific things for people during his missionary work. You can pray these same things for yourself, your teammates, and the people in the place you are going for your mission trip. Look up Colossians 1:9-11 and write down six things you should ask of God every day as you prepare for your mission journey.

*That I may:*

1. *Be filled with the knowledge of God’s \_\_\_\_\_\_\_.*
2. *Walk in a manner \_\_\_\_\_\_\_\_\_\_\_\_\_ of the Lord.*
3. *Bear \_\_\_\_\_\_\_\_\_\_\_\_ in every good work.*
4. *Increase in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of God.*
5. *Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with power.*
6. *Have endurance, \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_.*

Discipline 2: Bible Study

What is your team’s Bible study plan before the journey? (Consider reading the book of Acts that tells the story of early missionaries. It has 28 chapters - one chapter a day.)

|  |  |
| --- | --- |
|  | Week 1 |
|  | Week 2 |
|  | Week 3 |
|  | Week 4 |

Discipline 3: Fellowship

What gatherings will you be attending in preparation for the trip? Write down special meetings, prayer times, regular church services, bible studies, etc. These are critical to your preparation.

|  |
| --- |
| Week 1 |
|  |
| Week 2 |
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|  |
|  |
| Week 3 |
|  |
| Week 4 |
|  |

Discipline 4: Witnessing

Being a missionary REQUIRES us to be witnesses. We cannot lead anyone to faith in Christ unless we learn to open our mouths and share our personal testimonies and a basic Gospel presentation.

At the end of this lesson you will write down a brief version of your personal testimony and outline the “Roman Road to Salvation” in your personal Bible. These are simple and critical parts of any mission journey. Your team’s mission is to share God’s love and message, so it is time to get prepared to do exactly that.

Write down the names of two people with whom you will share your testimony in the weeks before the mission trip:

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| --- | --- | --- |
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Write down the names of two people with whom you will practice the Roman Road in the weeks before the mission trip:

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| --- | --- | --- |
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Week One Missionary Training:

Practice Being a Witness

Colossians 4:3 tells us to pray for an open door to witness and that we should speak graciously to each lost person. Let’s practice how to witness to a lost person.

1. **Write down and practice telling your testimony.**

On one side of a 4 by 6 index card write down the story of how you became a Christian. Include how you felt God convict you that you were a sinner, how you prayed to God to save you, and what your life has been like as a Christian.

1. **Mark your Bible with the “Roman Road.”**

In the front or back of your personal Bible, write down the verses below from Romans. Then, look them up and underline or mark them with a highlighter. Learn to read through the verses and explain the road to salvation to a lost person.

***Romans 3:23 - Romans 6:23 - Romans 5:8 - Romans 10:9-10***

**Practice:** Set up pairs of chairs in a circle for everyone with a few feet of space between each set. Have each pair take turns reading or telling their testimony from their index card. Then have everyone stand up and play musical chairs. One person in the pair walks in one direction and the other person in the pair walks in the other direction when the music stops, they can sit down with their new partner and repeat their testimony. Repeat the process until everyone is confident in telling their story.

(You can repeat the same process using the Roman Road.)

# 2: Why should we do missions?

Going on a mission trip is time consuming and expensive. Your church is spending a lot of money and church members are using their valuable vacation days to go on this trip. What compels Christians to make this kind of sacrifice?

|  |
| --- |
| According to Acts 1:8 - |
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|  |

|  |
| --- |
| According to Romans 10:14-15 - |
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There are four disciplines that every disciple of Jesus is commanded to practice: **Prayer, Bible Study, Fellowship, and Witnessing**. You are commanded to be a witness in the place you live AND to cooperate with other Christians to take the gospel to places where there is no local church to be a witness.

Each of these disciplines requires personal sacrifice. Personal sacrifice is our worship to the Lord. This kind of worship has a wonderful promise in John 14:21. Write that promise here:

|  |
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We see this promise explained in Ephesians 2:10. (This is one of my favorite verses in the whole Bible.) Write your first name in the blanks so you can personalize this paraphrased verse:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *is God’s masterpiece. God made* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *new in Christ Jesus so that* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *can do good works that God prepared for* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *long ago.*

So, be mindful as you prepare for this mission trip that God has already lined up opportunities for you to do good works. Here are some examples of the good works that God has prepared for you as you participate in this mission project:

* Praying for other people who are on the team
* Faithfully studying and memorizing scripture
* Helping team members as problems arise
* Forgiving others for mistakes
* Sharing a personal testimony with a lost person
* Doing service projects and acts of charity
* Giving money to help others go
* Encouraging a person who is discouraged
* Praying for people in need
* And many, many, other acts of worship

God’s will for you is to look for these opportunities and to do the work He prepared especially for you. He will give you the courage to complete the good work He prepared for you. Next . . .

Where should we do a mission project?

We do missions projects in places where there are no churches capable of reaching their own communities. God’s desire is for local churches to be witnesses in their own communities. But, in many places, the local church is too small to reach its own community. In fact, in some places there are no local churches at all.

It is the responsibility of mature churches to send mission teams to assist and strengthen weaker churches or to plant new churches. This is how nearly every church in the world was started, beginning in the New Testament. If you investigate the history of your own church, you will see that this is how your home church was started.

Let’s do some missionary research. We can begin by comparing our home community to the target community.

How many churches serve your home community?

Stop for a moment to do some research to find out the population and number of churches in your community. Use the internet to find out the following information:

Your hometown’s population: \_\_\_\_\_\_\_\_\_\_\_\_

Number of evangelical churches: ÷ \_\_\_\_\_\_\_\_\_\_\_\_

Each church must reach: = \_\_\_\_\_\_\_\_\_\_\_\_

How many churches serve your target community?

Use the internet to learn something about the community where you are doing your mission trip and find out the same information:

Your target community’s population: \_\_\_\_\_\_\_\_\_\_\_\_

Number of evangelical churches: ÷ \_\_\_\_\_\_\_\_\_\_\_\_

Each church must reach: = \_\_\_\_\_\_\_\_\_\_\_\_

Learn about the group or church you will be helping

With the help of your trip leader, find out the following information about the church or group you will be serving:

Group / church name(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of people in the group you are helping: \_\_\_\_\_\_\_\_\_\_\_\_

What are some specific things the group you will be helping has asked you to join them in prayer about as you prepare?

Week Two Missionary Training:

Practice Being a Prayer Warrior

One of the best ways to get to know a new place is to prayer walk. Here’s is how to do it:

Dress in comfortable clothes and shoes you would wear when walking for exercise. Plan a route to walk in a neighborhood near your home or church. Get a partner or two to walk with you. (No more than three in a group.)

Start walking the route and, as you walk, take turns praying out loud for every home you pass. Here are three things to pray for:

1. Ask God to send His Spirit to **open hearts** in the families who live there drawing people to Him.
2. Ask God to give the church **open doors** for building relationships between the families and local church.
3. If someone is in the yard working or hanging out, tell them you are from the local church and praying for all the homes in the area. Ask them if there is anything going on in their lives, they would like you to pray for. You can take a few seconds to **pray a simple prayer out loud on the spot**. It will seem weird at first, but it will be a great first impression for the church.

**Practice:** Set up mock neighborhood around a large room or hallway at your church and practice with others on your team before you go out in your own neighborhood. Later in the week, prayer walk through your own neighborhood in the same way.

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# 3: What does a missionary do?

What is the difference between going on a mission trip and going on a vacation? Let’s see what principles we have in the Bible for defining a mission trip. We can learn a lot from the first mission team that was sent out to help start a new church in Acts 11:19-26.

Who sends out missionaries?

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| --- |
| Missionaries are sent out by a local church. What was the first church to send out missionaries as mentioned in Acts 11:22? |

What type of people are sent as missionaries?

|  |
| --- |
| Barnabas was the first missionary sent out. He was a man who was known very well by the people in the church in Jerusalem. Why did the church choose to send Him according Acts 11:24? |

Local churches send out missionaries who are mature, strong in the faith, and able to establish a new church. Barnabas learned quickly that is better to be on mission **team**, so he went and brought Saul (Paul) to Antioch to be his mission partner.

What do missionaries do?

In this passage it says Barnabas and Saul met with the new church for a whole year and taught them. What did they teach them? They taught them the same spiritual disciplines their church in Jerusalem was practicing. These four disciplines are described in Acts 2:40-42 and we mentioned them in the previous lesson. Spiritual disciplines are **practiced individually** by each Christian and **practiced corporately** when we gather together for times of corporate worship. What are these four disciples that every Christian is called to do individually and corporately?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

After a year, when this new church in Antioch had grown strong enough, God told them to do something. What did God tell them to do in Acts 13:2?

|  |
| --- |
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|  |

So, we see that the first church in Jerusalem sent missionaries to help establish a new church in Antioch. When that new church was established, it sent out missionaries to new places to plant more new churches. This process is how the Christian message has gone to nearly every place on earth over the past 2000 years, but Jesus’ command to go to every nation is not completed yet.

The Two Basic Types of Missionaries

Paul and Barnabas are what we call **long-term missionaries** or church planters. These are people God calls to leave their home churches and move to a new area to establish a new church. But we also see **short-term missionaries** in the New Testament. These people did not move to a new location but made trips to the places where these long-term missionaries were working.

One of these short-term missionaries, Epaphroditus was a member of the church in Philippi. He brought support and encouragement to Paul. What did Paul say about what Epaphroditus brought him from the church at Philippi in Philippians 4:18?

|  |
| --- |
|  |
|  |

Long-term and short-term missionaries work together to plant new churches and reach lost communities

How did the apostle Paul (the long-term missionary) describe his relationship to the church in Philippi that sent Epaphroditus (the short-term missionary) in Philippians 1:3-5?

|  |
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|  |

Local churches are to work in **partnership** with their long-term missionaries to plant new churches in lost communities. The short-term missionaries are the connection point between the church and the long-term missionaries planting a new church.

Now let’s review the Bible’s model for doing missions:

1. An established local church (or group of churches) recognizes a community that does not have an established church to share the gospel in their area.
2. The established church chooses mature believers in their fellowship who feel called to go plant a new church in that community. Those long-term missionaries move into that lost community.
3. The established church continues to support the long-term missionaries with practical and financial help.
4. The local church sends short-term mission teams to encourage and help the long-term missionaries.
5. When the new church is established, this process begins again in a new location.

Sometimes, this same process can be used by stronger churches to help sister churches that have become weak over time. This is often called a “re-plant.” Every community needs a local church to share God’s love and Word with the lost.

Week Three Missionary Training:

Enlist prayer partners with prayer cards

Take 3 or 4 blank index cards and make a “prayer postcard” that you can give to remind people to pray for you during the mission trip. Here are some things you should include on the cards:

* Your Name
* The name of the place you are going
* Write down specific things you want them to pray for. (See the last part of lesson one to get some ideas.)
* If possible, print out a picture of yourself and stick it on the card.
* Keep them neat and easy to read.

**Practice:** Now give these cards to at least three people in your church family and ask them to commit to pray for you while you are on the mission trip.

**Also**: Remember to get the mailing addresses of the people you enlist so that you can mail them a postcard while you are away on your mission trip. This will be a lot more meaning full to them than a text or social media post.

# 4: Why do we work as a team?

Mission projects are ALWAYS team efforts in the Bible. Jesus sent the disciples out in teams. The apostle Paul never made a mission trip alone. This is a principle we learn from many examples in the Old and New Testaments. Look up the following verses and write down what they teach about working together:

|  |
| --- |
| Genesis 2:18 - |
|  |
| Ecclesiastes 4:12 - |
|  |
| Proverbs 27:17 - |
|  |
| Proverbs 15:22 - |
|  |

God’s work for you is too difficult to do alone!

Jesus knew this and always sent the disciples in small teams to carry out their tasks. Luke 10:1-12 tells us that Jesus had a group of 72 people gathered together and he divided them into small teams. He sent the teams into nearby towns to tell the people “The kingdom of God has come near to you.” Jesus told them some would receive the message and others would reject it.

It is a wonderful experience when people receive the Gospel, and painful when people reject it. Even worse when people ridicule and curse the truth. This is why sharing God’s truth with people who are not Christians is always difficult work.

How does Jesus explain why some people get angry and defensive when they hear the Gospel in Luke 10:16?

|  |  |
| --- | --- |
|  |  |
|  |  |

When people are told about their sin and need for a Savior, they respond either with a humbled heart or a hardened heart. A humbled heart leads people closer to peace with God and a harden heart leads them away from God towards deeper bitterness and anger. Regardless of the response, it is the missionary’s duty to tell them Truth in love. Here is how the process of evangelism works:

1. The Christian shares God’s love and message.
2. The Holy Spirit convicts and calls the lost person.
3. The lost person responds with repentance towards God or rebellion against God.

You are NOT accountable for the response of a lost person, but you ARE commanded by God to share His love and truth with them. If you are not sharing God’s love and truth, then you are missing the purpose for your life.

So, God’s primary purpose for your life is to share His love and truth with a lost world. But you are NOT strong enough to do it on your own. That is why . . .

Missions Happen through Christian Fellowship

The first church in Jerusalem was greatly persecuted by other people. But, despite the difficulty, they rejoiced and were filled with happiness. They encouraged each other every day and shared with each other as needed. They were “glad and generous” with each other. What was the result of the strong fellowship of the church in Acts 2:47?

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| --- | --- |
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Satan knows this as well. That is why he is always trying to spread conflict and division among Christians. This is especially true for mission teams. If Satan can cause you to get upset with the other people on your mission team then you will not be focused on the mission. Look up the following verses and write down what they tell us about how we should treat one another:

|  |
| --- |
| Ephesians 4:32 - |
|  |
| 1 Thessalonians 5:11- |
|  |

Write your first name in the following blanks of this paraphrase of John 13:34:

*Jesus said, “A new commandment I give to \_\_\_\_\_\_\_\_\_\_\_\_\_\_, that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ should love others as I have loved \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. By this all people will know \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is my disciple, if \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has love for other Christians.*

Week Four Missionary Training:

Practice Encouraging Your Teammates

Write down the names of all the people on your team. Make it your goal to say something positive and encouraging to each person during the trip each day if possible.

|  |  |
| --- | --- |
| * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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| * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**Practice:** Organize a service project around your church this week. Make it a point to create an encouraging, helpful, and loving group culture as you work together.

# Suggested Answers for Lessons

Lesson 1

James 1:5 - I should ask God for wisdom to make good decisions.

Romans 10:1 - I should pray for the salvation of lost people.

James 5:16 - I should pray for the physical and spiritual needs of other people around me.

1. will; 2. worthy; 3. fruit; 4. knowledge; 5. strengthened; 6. patience and joy

Lesson 2

Acts 1:8 - Jesus commanded us to be His witnesses where we live and to the ends of the earth.

Romans 10:14-15 - Lost people cannot be saved if they do not hear the Gospel. They cannot hear unless missionaries are sent to tell them.

John 14:21 – Jesus reveals Himself to each person who accepts and obeys His commandments.

Lesson 3

Acts 11:22 - The Church in Jerusalem

Acts 11:24 – He was a good man and strong in the faith.

4 Disciplines – Prayer, Bible Study, Fellowship, Witnessing

Acts 13:2 – Send out Barnabas and Paul as missionaries to other lost towns

Philippians 4:18 – He was well supplied and encouraged by the support received from the church in Philippi.

Philippians 1:3-5 – They were partners with him in the mission work.

Lesson 4

Genesis 2:18 – It is not good for a person to be alone.

Ecclesiastes 4:12 – One person can be overwhelmed, but two or three are not easily overpowered.

Proverbs 27:7 – One person makes the other more effective, like iron sharpening iron.

Proverbs 15:22 – Without good counsel plans fail, but with many advisors, plans succeed.

Luke 10:16 – When people reject the Gospel, they are rejecting God Himself.

Acts 2:47 – God added people to the church in number day by day.

Ephesians 4:32 – We should be kind and forgiving as Christ forgave us.

1 Thessalonians 5:11 – We should encourage, and build up one another.

# Daily Schedule and Journal Pages

“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” (Ephesians 2:10, ESV)

Daily life during our mission journey:

In Bible times the day began when the sun went down. So, the first thing people did when a new day started was go to sleep. When they got up in the morning the day was already halfway over. The view was that God was up all-night getting things prepared so they could join Him when they were rested and ready.

This is an important idea we have forgotten in modern times. If we do not get a good night’s sleep, then we will not be ready for the good works God is preparing for the next day. During our mission journey let’s try to remember this biblical pattern.

Begin the day with a good night’s sleep, breakfast, and personal time with God. Then go out and do the good works God has prepared for you. Finally, gather with family and friends to eat, fellowship, and relax. The Bible teaches us to live one day at a time knowing God has a purpose in each day.

## Day 1 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 1 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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## Day 2 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 2 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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## Day 3 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 3 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your thoughts:

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Group discussion notes:

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## Day 4 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 4 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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## Day 5 - Schedule

Get a good night’s rest for the good works God is preparing.

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 5 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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## Day 6 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 6 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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## Day 7 - Schedule

**Get a good night’s rest for the good works God is preparing.**

Quiet time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Breakfast: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Lunch: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PM Activities: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Supper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellowship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Day 7 - Mission Trip Journal

Bible Reading: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Focus Passage: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My thoughts:

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Group discussion notes:

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# Packing List:

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# Important Contact Info:

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| Trip leaders: |
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| Local contacts: |
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| Important Addresses: |
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# Other Journey Bible Studies